



Our Savior Lunch Menu

December 2019

*All menu items are subject to change.
W.G.=Whole Grain
Served Daily

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

W.G. Chicken Nuggets 2 BBQ Sauce Diced Carrots Diced Pears Milk Veg - cheese sandwich	W.G. Penne Pasta in Italian Meat Sauce 3 Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk Veg - pasta in marinara	Salisbury Steak in Gravy 4 Mashed Potatoes Pineapple Tidbits Slice of W.G. Bread Milk Veg - brown rice + beans	School Provided 5 Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk	Italian Chicken Breast 6 on a W.G. Bun Slice of White Cheese Green Beans Diced Peaches Milk Veg - Italian beans on a w.g. bun
Sloppy Joe on a W.G. Bun 9 Sweet Peas Apple Milk Veg - cheese sandwich	Swedish Meatballs 10 Mashed Potatoes Pineapple Tidbits Slice of W.G. Bread Milk Veg - brown rice + beans	W.G. Pasta and Chicken in a Rosa Sauce 11 Mixed Green Salad with Creamy Italian Dressing Banana Slice of French Bread Milk Veg - pasta in marinara	Cheese Burger on a W.G. Bun 12 Ketchup Seasoned Corn Diced Pears Milk Veg - bbq beans on a wg bun	Wild Rice Hot Dish 13 with Sliced Chicken Sliced Cucumbers with Ranch Dip Orange Slice of W.G. Bread Milk Veg - vegetable rice soup
W.G. Chicken Tenders 16 BBQ Sauce Green Beans Pineapple Tidbits Milk Veg - cheese sandwich	W.G. Pizza Hot Dish with Beef and Cheese 17 Mixed Salad with Creamy Italian Dressing Slice of French Bread Banana Milk Veg - pasta in marinara	Sliced Chicken Breast in a Chicken Gravy 18 Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk Veg - brown rice + beans	Soft W.G. Beef Taco 19 Lettuce + Cheese Taco Sauce Sliced Cucumbers with Ranch Dip Red Apple Milk Veg - bean taco	Chicken and Brown Rice in a Cheese Sauce 20 Fresh Broccoli with Ranch Dip Diced Pears Slice of W.G. Bread Milk Veg - vegetable rice soup
23 Closed-Teacher Work Day	24 Christmas Eve!	25 Merry Christmas!	School Provided 26 Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk	Italian Meatballs on a Slice of W.G. Bread 27 Shredded Cheese Green Beans Orange Milk Veg - italian beans on a slice of w.g. bread
BBQ Chicken on a W.G. Bun 30 Diced Carrots Diced Pears Milk Veg - cheese sandwich	31 New Year's Eve			

1% milk served everyday



She will give birth to a son, and you are to give him the name Jesus, because he will save his people from their sins.

Matthew 1:21