



Our Savior Lunch Menu September 2019

*All menu items are subject to change.
W.G.=Whole Grain

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>Closed Labor Day!</p>	<p>3</p> <p>Chicken Nuggets BBQ Sauce Diced Carrots Pineapple Tidbits Milk Veg - cheese sandwich</p>	<p>4</p> <p>Salisbury Steak in Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans</p>	<p>5</p> <p>Penne Pasta in an Italian Meat Sauce Mixed Green Salad with Creamy Italian Dressing Diced Pears Slice of French Bread Milk Veg - pasta in marinara</p>	<p>6</p> <p>School Provided Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk</p>
<p>9</p> <p>Sloppy Joe on a W.G. Bun Seasoned Corn Red Apple Milk Veg - cheese sandwich</p>	<p>10</p> <p>Sliced Chicken and Penne in a Rosa Sauce Mixed Green Salad with Creamy Italian Dressing Pineapple Tidbits Slice of French Bread Milk Veg - brown rice + beans</p>	<p>11</p> <p>Swedish Meatballs Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - pasta in marinara</p>	<p>12</p> <p>Cheese Burger on a W.G. Bun Ketchup Fresh Broccoli with Ranch Dip Diced Pears Milk Veg - bbq beans on a wg bun</p>	<p>13</p> <p>Wild Rice Hot Dish with Sliced Chicken Sliced Cucumbers with Ranch Dip Orange W.G. Dinner Roll Milk Veg - vegetable rice soup</p>
<p>16</p> <p>Baked Chicken Tenders BBQ Sauce Green Beans Pineapple Tidbits Milk Veg - cheese sandwich</p>	<p>17</p> <p>Pizza Hot Dish with Beef and Cheese Mixed Salad with Creamy Italian Dressing Slice of French Bread Banana Milk Veg - pasta in marinara</p>	<p>18</p> <p>Sliced Chicken Breast in a Chicken Gravy Mashed Potatoes Diced Peaches Slice of W.G. Bread Milk Veg - brown rice + beans</p>	<p>19</p> <p>Soft Beef Taco Lettuce and Cheese Taco Sauce Diced Carrots Red Apple Milk Veg - bean taco</p>	<p>20</p> <p>Chicken and Brown Rice in a Cheese Sauce Fresh Broccoli with Ranch Dip Diced Pears W.G. Dinner Roll Milk Veg - vegetable rice soup</p>
<p>23</p> <p>Baked Chicken Patty on a W.G. Bun BBQ Sauce Seasoned Corn Red Apple Milk Veg - cheese sandwich</p>	<p>24</p> <p>Sliced Chicken Alfredo with Penne Pasta Mixed Green Salad with French Dressing Diced Peaches Slice of French Bread Milk Veg - pasta in marinara</p>	<p>25</p> <p>Meatloaf Baked in a Tomato Beef Gravy Mashed Potatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans</p>	<p>26</p> <p>School Provided Bag Lunch Meat and Cheese Sandwich Fruit Veggie Milk</p>	<p>27</p> <p>Italian Meatballs on a Coney Bun Shredded Cheese Green Beans Orange Milk Veg - italian beans on a coney bun</p>
<p>30</p> <p>BBQ Chicken on a W.G. Bun Diced Carrots Diced Pears Milk Veg - brown rice + beans</p>				



**Show me
your ways,
Lord,
teach me
your paths.
Psalm 25:4**